



Dear BC School Teacher/Educator/Administrator,

We welcome your participation with the FRIENDS program!

FRIENDS is an evidence-based program demonstrated to be effective in reducing the risk of anxiety disorders and building emotional resilience in children. It addresses many of the Prescribed Learning Outcomes in the Health & Career Education K-7 curriculum and the child and youth programs are endorsed by the Ministry of Education as a recommended learning resource.

Implementation of the FRIENDS program represents an important partnership between the mental health and education sectors. On behalf of the FRIENDS program, we welcome the opportunity to work together and invite you to join our efforts to improve mental health outcomes in children and youth.

If you have any questions or would like more information, please contact the FRIENDS program at MCF.CYMHFRIENDS@gov.bc.ca

Kind regards,

A handwritten signature in cursive script that reads "K Angelius".

Kelly Angelius, M.S.W., R.S.W. (Clinical)
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FRIENDS For Life in BC – recognized by the World Health Organization as a “first in the world” universal school-based program targeting anxiety and resilience.