

Table 2. Mapping a Community-Wide Approach to Youth Suicide Prevention

Type of Strategy	Mental Health Promotion	Early Intervention/Detection	Targeted Clinical Interventions	Postvention	
Description	Promoting Youth Resilience and Strengthening Social Environments	Improving Recognition and Promoting Awareness	Working with Individuals and Groups at Known Risk	Assisting After a Suicide	
Primary Focus	Whole Populations	Potential Interveners	Individual/Groups at Risk	Survivors of Suicide	
Target Groups and Settings	Youth	<ul style="list-style-type: none"> • Positive youth development • Youth skill building 	<ul style="list-style-type: none"> • Peer recognition and response training 	<ul style="list-style-type: none"> • Therapeutic alliance • Risk assessment & documentation • Crisis response & safety planning • Empirically promising psychosocial treatments 	<ul style="list-style-type: none"> • Reducing risks for contagion
	Parents and Families	<ul style="list-style-type: none"> • Parent/family support and skill development 	<ul style="list-style-type: none"> • Parent education about suicide 	<ul style="list-style-type: none"> • Family involvement in treatment • Family interventions for youth at risk 	<ul style="list-style-type: none"> • Supporting surviving family members
	Schools	<ul style="list-style-type: none"> • School-based mental health promotion 	<ul style="list-style-type: none"> • School gatekeeper training 	<ul style="list-style-type: none"> • School-based interventions for youth at risk 	<ul style="list-style-type: none"> • School-based suicide response protocols
	Communities	<ul style="list-style-type: none"> • Changing social norms • Cultural revitalization and community self-determination for First Nations 	<ul style="list-style-type: none"> • Education for physicians and hospital emergency room staff • Community gatekeeper training 	<ul style="list-style-type: none"> • Continuity of care • Means restriction 	<ul style="list-style-type: none"> • Community-based suicide response protocols • Media education
System Level Support	Ongoing professional development for clinical staff	Leadership, planning and service coordination	Multi-sectoral coalition-building	Developing proactive policies and protocols	Setting goals, monitoring progress and incorporating new learning